

CIÚIN

spa & wellness centre

Ciúin Spa & Wellness Centre, Slieve Russell Hotel Golf & Country Club, Ballyconnell, Co. Cavan, Ireland
Tel: +353 (0) 49 952 6444 Email: ciuinspa@slieverussell.ie Book online: www.slieverussell.ie

Elemis Face Technology Anti-Ageing	time	(€)
Biotec Line Eraser Facial	1 hr	90.00
Biotec Firm-a-Lift Facial	1 hr	90.00
Biotec Anti-Pigment Facial	1 hr	90.00
Biotec Skin Resurfacer Facial	1 hr	90.00
Biotec Line Eraser Deluxe Facial	1hr 30 mins	120.00
Biotec Firm-a-Lift Deluxe Facial	1hr 30 mins	120.00
Biotec Anti-Pigment Deluxe Facial	1hr 30 mins	120.00
Biotec Skin Resurfacer Deluxe Facial	1hr 30 mins	120.00

Elemis Face Technology Skin Solutions	time	(€)
Biotec Radiance Renew Facial	1 hr	85.00
Biotec Blemish Control Facial	1 hr	85.00
Biotec Sensitive Skin Soother Facial	1 hr	85.00
Biotec Radiance Renew Deluxe Facial	1hr 30 mins	115.00
Biotec Blemish Control Deluxe Facial	1hr 30 mins	115.00
Biotec Skin Soother Deluxe Facial	1hr 30 mins	115.00

Elemis Face Touch Anti-Ageing	time	(€)
Pro-Collagen Age Defy Facial	55 mins	85.00
Pro-Definition Lift and Contour Facial	55 mins	85.00
Dynamic Resurfacing Facial (requires a patch test 24 hours to booking for 1st app)	55 mins	85.00
White Brightening Perfector Facial	55 mins	85.00

Elemis Face Touch Skin Solutions	time	(€)
Superfood Pro-Radiance Facial	55 mins	85.00
Ciúin Signature Facial	55 mins	85.00

Elemis Face & Body Combinations	time	(€)
Couture Technology (60 minute Biotec Facial and 50 min Freestyle Body Massage)	1 hr 50 mins	145.00
Couture Technology Deluxe (1hr 30 mins Biotec Facial and 1 hr 20 min Freestyle Body Massage)	2 hrs 50 mins	185.00
Couture Touch (55 min Elemis Hands on touch Facial and 55 min Freestyle Body Massage)	1 hr 50 mins	140.00

Elemis Men	time	(€)
Men's High Performance Skin Energiser Facial	55 mins	85.00
Biotec Super-Charger for Men Facial	1 hr	90.00
Biotec Men's Super-Charger Deluxe Facial	1hr 30 mins	120.00

Body	time	(€)
Hot Mineral Body Boost	55 mins	85.00

Body Massage	time	(€)
Garden Rose Restore Deluxe	1hr 20 mins	110.00
Garden Rose Restore	55 mins	85.00
Freestyle Body Massage Deluxe - - Stress-a-Way (includes face & scalp) - Spirit Reviver (includes face & scalp) - Muscle Melt (includes face & scalp) - Chakra Balancing (includes face & scalp)	1 hr 20 mins	110.00
Freestyle Body Massage - Stress-a-Way - Spirit Reviver - Muscle Melt - Chakra Balancing	55 mins	88.00

Freestyle Back Massage - Stress-a-Way - Spirit Reviver - Muscle Melt - Chakra Balancing	25 mins	50.00
Deeper than Deeper Hot Stone Body Massage Deluxe <i>(includes face & scalp)</i>	1 hr 20 mins	110.00
Deeper than Deeper Hot Stone Body Massage	55 mins	88.00
Deeper than Deeper Hot Stone Back Massage	25 mins	50.00
Lava Shell Body Massage	55 mins	88.00
Lava Shell Back Massage	25 mins	50.00

Elemis Body Scrubs and Wraps	time	(€)
Body Nectar Nourishing Wrap - Sweet Orchid or Frangipani	1 hr	75.00
Intensely Cleansing Salt Scrub - Lime and Ginger or Frangipani	30 mins	55.00

Elemis Detox	time	(€)
Thousand Flower Detox Wrap	1 hr	85.00

Elemis Pregnancy	time	(€)
Peaceful Pregnancy Massage	1 hr 15 mins	95.00
Peaceful Pregnancy Face and Body Experience <i>(full body mother to be massage plus Elemis Super Food Facial)</i>	1 hr 50 mins	155.00

Spiezia	time	(€)
Spiezia Radiance Facial	55 mins	85.00
Spiezia Lifting Facial	1 hr 30 mins	95.00
Spiezia Rebalancing Ritual	1 hr 30 mins	95.00
Spiezia Relax into Radiance Body Ritual	1 hr 30 mins	95.00
Spiezia Mindful Moments Ritual	1 hr	88.00

Hands	time	(€)
Essential Manicure	40 mins	33.00
Intensive Manicure	55 mins	39.00

Feet	time	(€)
Essential Pedicure	55 mins	58.00
Intensive Pedicure	1hr 10 mins	63.00

Shellac	time	(€)
Shellac Colour Hands/Feet	40 mins	26.00
Shellac French Hands/Feet	40 mins	28.00
Shellac add on Manicure/Pedicure	10 mins	11.00
Shellac (only) Soak off - Feet/Hands	20 mins	20.00
Shellac Soak off + New Set - Hands/Feet	55 mins	38.00

Brows	time	(€)
Eyebrow Shaping - Tweezers/Waxing	10 mins	11.00
Eyelash Tint	10 mins	13.00
Eyebrow Tint	10 mins	11.00
Eye Lash, Eyebrow Tint and Eyebrow Shape	25 mins	30.00

Waxing	time	(€)
Chin Wax	10 mins	10.00
Lip Wax	10 mins	10.00
Lip and Chin Wax	10 mins	13.00

Junior Treatments	time	(€)
Junior Radiance Facial	40 mins	49.00
Junior Banish Blemish Facial	40 mins	49.00
Junior Feet/Hands	25 mins	23.00

Hydrotherapy Suite €20.00pp.

Guests who have booked treatments to the value of €100 or more per person have complimentary use of the Hydrotherapy Suite during the day of their treatments.

Rasul €50 for one, €70.00 for two, €90 for three, €104 for four.

All prices are quoted in Euros and subject to change at any time without prior notice.